

SUNDAYS FOR FAMILIES



Sunday 22nd March - Mark 14:26-72

Dear Families at Church by the Bay,

It is so sad to not be able to gather together, but I pray you can make the most of the time God has given to you for family Bible time and prayer.

Here are some ideas for you to continue learning, reinforcing and growing together from today's sermon. It's a bit like what we might do in C3 kids but for families. I'm sorry I haven't had more time to tailor it for tots this week. You might like to streamline it for C3 tots...or break it up and do a little bit every day? Or you could give it all a go as this is a great opportunity to train your tots, ready for when they move up into for C3 kids.



Big idea: There's something bigger than coronavirus...God's judgement! But with Jesus there's a cure and we are safe because of his rescue!



What you'll need: A device to watch videos on (laptop/tablet would be ideal), Bible(s), paper, sellotape, coloured pens, something that can be sheep (cotton wool balls, circles of paper...anything!), a picture of a shepherd (drawn or printed), a cup/wineglass covered in tinfoil, envelope/piece of paper labelled: Evidence.

Someone **pray** for your time together.

Question from the sermon: How are you feeling today? (about school / about being home / about church / about coronavirus?)













Going

601

Tired Confused

Sad

Excited

Worried

Terrified

If you haven't already done this after the sermon, have a chat with your kids about how they're feeling and take the chance to reassure them.

And then remind them:

 $\label{prop:constraints} \mbox{Who's in charge of coronavirus?} \mbox{ God is in charge}.$

And it's helping teach us that we are not in control. God is.







Parents reassure your children (if needed) with these words:

Jesus being ALONE means however we might feel now, we are NEVER alone.

Jesus will never leave you ALONE if you have come to him.

Remind them: if you miss your friends and your church family... He IS with you. If you're worried about being lonely in the weeks to come. He WILL be with you.

The second thing Jesus went through was that he was...? See if they can remember...

2. Afflicted

Jesus is in pain, he's hurting, he's feeling the weight of what's to come. The cross would be horrible...but it's not why Jesus is so overwhelmed.

Someone in your family read: v36



Read

Show cup

Ask older kids if they remember what the word cup means?

-the cup of punishment for sinners = God's judgement.

This is why Jesus is in agony/afflicted/sad/overwhelmed... He's going to drink this cup for us, he will be struck by his own Father!

This is the cure!

Jesus died to drink the cup of God's punishment for you. He took the punishment you deserve for your sins. And if you believe this - then you are the most safe you could ever be, you are safe from judgement - which is bigger than coronavirus!

Activity Idea



They're told to keep watch but...they are asleep (everyone make snoring noises)

But what about the sheep? what are his disciples doing...

C3 tots idea...Play sleeping lions

Link: the disciples couldn't stay awake, (and you couldn't stay 'asleep')
Jesus was showing them that they couldn't do what he told them. That they will all run away. That they need Jesus - to rescue them - to drink the cup for them!

OR

Ask older kids:

Q: Why does Jesus command something they can't do?

It's to show them they can't do it! Jesus shows them they need Jesus. They cannot even stay awake and pray, will they really follow him to death?! He's showing them they will fail. They will all run away. They *need* Jesus to die for them! To drink the cup for them.



Why not stop and say some thank you prayers

- -Jesus has suffered, & died for us.
- -Jesus will be with us and keep us safe in him





Activity Idea



In Charge:

Someone in the family takes the lead, telling/doing actions (to music if you'd like) and everyone else has to follow.

Parents: You could do actions that fit with the story....betrayal! Draw your swords! My ear! Arrested! Jesus is charge!

Link:

Jesus is in charge of everything that's happening, even when he was arrested!



The fourth thing Jesus went through was that he was...? See if they can remember...

4. Accused.

Jesus is on trial. They are looking for evidence against Jesus so that they could put him to death,

Show your kids an envelope labelled: Evidence

(Have kids go on a wild goose chase around house for evidence.)

Did you find any?

No that's because there is none to find!

They did not find any evidence to put Jesus to death!

Then they ask Jesus (v61-62) "Are you the Christ, the Son of the Blessed One?" 62 "I am," said Jesus.

Pead



Jesus tells them who he is - and that's the charge for his death.

And his horrible suffering begins...

Someone in your family read: v65



Video time





Finish by talking about what you've learnt. Here's a few ideas for chat:

- We really need Jesus, we need his help. Get your kids to feel the weight of their sin and all that Jesus has gone through for them.
- Remember if you feel worried.

Jesus has got *this*: He has the cure for our even bigger problem - God's judgement. If Jesus has got *this*, any worries you might have (about the coronavirus or anything else), remember he's got that too, he's with you and he's went through all this (the 5 points) for you.

-Jesus would welcome Peter back. Read v28 Jesus will rise again and re-gather his sheep! (Gather sheep again around the Shepherd!) Jesus welcomes him back because Jesus has died for him.



Pray together to finish!

Extra Ideas



- If you have the book: 'the friend who forgives' why not read it.
- Make some tinfoil/paper chain handcuffs to remind you of what Jesus went through for you and that Jesus was in charge, even when he was arrested!
- Write something you've learnt to stick by your bed to help you remember Jesus/what is true at this time.